

Are you ready to disconnect from the matrix?

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Great! In the mega-hit movie, Keanu Reeves as "Neo" had to take a kick-ass pharmaceutical to snap him out of "the matrix" before he could use his gravity-defying martial arts powers to disable the machines and pursue his destiny as "the One." But, luckily, you don't have to go nearly that far. You don't even have to know kung fu! We've all helped to create our present day reality-matrix through our slavish, unquestioning devotion to religious and secular authority. While it's true that some authority figures work for the common good, others manipulate events and then tell us how to interpret them so that they always have the lion's share of the world's wealth, oil and Caribbean vacations. How can a person learn to tell the difference between the two? Well, if you're serious about wanting to see beyond the illusionary world, all you have to do is to stop reading the paper, watching television or listening to the radio for three full days. To maximize the effect of your disconnection, avoid talking to anyone about current events, too.

We'd be lying if we didn't say that it might be tough for the first day or so. But the rewards are so immediate that it is well worth the sacrifice. What are these rewards, you might ask? Well, first off, your stress level---the result of the "all fear all the time" news media---will decrease about a thousand-fold, which just might jump start your libido, compassion, and empathy, not to mention your personal connection to your wife/husband, kids, friends and neighbors. Hell, you might even find some love in your heart for the Iraqis! After three days, read the paper or watch the news. You'll be shocked at how different the outer world will look to you after three days of experiencing and relying upon your own inner reality. And, since you're no longer hypnotized to the public relations campaigns that pose as truth, you'll be able to see right into the hearts of those in authority. Tune out, kick back, tune back in. Repeat often. Who'd have guessed that it was this easy to wake up?